YULIANA MANOLOVA



About Me

Educated in the ways of Classical French Cooking with 4 years of professional experience in Mediterranean and New American cuisines.

Possess expertise in working with various ingredients, creating sauces, cooking different types of meat to desired temperatures, as well as following recipes and presentation with meticulous detail.

Has experience in kitchen management and menu development.

Adhering to safe food handling and preparation procedures. Always ready to learn new cuisines and techniques.



- 袋 Skills
- Food Safety
- Collaboration
- Time Management
- Cooking Techniques
- Knife Skills
- Creativity

- Ordering
- Inventory
- Menu Development
- Kitchen Management
- Attention to Detail
- Palette Development

Education

- Associate Degree in Culinary Arts 2019-2023
 - HRC Culinary Academy, Sofia, Bulgaria

🗄 Work Experience

Southcoast Behavioral Health

North Dartmouth, Massachusetts, USA Novermber 2024 - June 2025

Cook/Kitchen Supervisor

- Preparing and cooking meals that comply with dietary requirements and restrictions
- Following strict food safety and sanitation protocols to maintain a healthy environment
- Supervising and directing activities of workers who assist in preparing and serving meals

Cork Wine & Tapas

New Bedford, Massachusetts, USA July 2023 - March 2024

Lead Line Cook/Sous Chef

- Working comfortably in all stations in a casual-dining restaurant
- Opening and closing; covering shifts as kitchen supervisor
- Handling weekly ordering from multiple food suppliers
- In charge of 4-5 specials weekly recipes, costing, plating
- Part of new menu development

Vanderbilt Hotel

Newport, Rhode Island, USA April 2022 - April 2023

Intern/Chef de Partie

- In charge of different stations during busy service times in a New American fine-dining restaurant
- Experimented with amuse bouche ideas on a daily basis
- Had a personally created item on the menu
- Handled deliveries and inventory
- Created better space organization systems for more efficient work flow
- Used USTW (Usable Trim Waste) in family meals to reduce food waste and improve monthly food cost

Bluespoon Restaurant

Amsterdam, The Netherlands May 2021 - December 2021

Intern/Chef de Partie

- In charge of different stations (Garde Manger, Entremétier, Poissonnier, Rôtisseur) in a Mediterranean fine-dining restaurant
- Onboarded interns and new kitchen members, provided training
- Kept the workspace and open kitchen clean and orderly